

## **Bluebills Eastside Chapter**

October Meeting will be held at  
Bellevue Regional Library  
1111 110th Avenue NE \* Bellevue 98004  
(Map for meeting location on reverse side)  
Wednesday, October 17, 2007  
10:15am – 12 noon

*(slid start time 15 minutes due to library opening at 10 am)*

October Speakers:  
Robert Gr....., Olympic Physical Therapy  
"Keeping Physically Healthy in Retirement"

Boeing Retiree Volunteer Program  
PO Box 3707 M/C 7L-05  
Seattle, WA 98124  
425-373-7383  
[www.bluebills.org](http://www.bluebills.org)

Eastside Bluebills  
Boeing Retiree Organization  
The Boeing Company  
PO Box 3707 MC 7L-05  
Seattle, WA 98124-2207

## Eastside Boeing Bluebills Newsletter

### Penny's Pause



The September Identity Theft presentation from the Bellevue Police Dept was quite an awakening for me. De-

tective Robert Chinn introduced himself and proceeded to show me a date he had pulled off the internet.

That date was my birthday—he got my attention immediately!

He gave us numerous exam-

### New Members & Notices

Please welcome our newest member (one of the original Bluebill members):  
Larry Kahn

- Please submit monthly volunteer hours.
- Save **December 19th** for the Eastside Bluebills Holiday luncheon. Location TBD by Luncheon Committee.



### Red Cross Project Update

The Eastside Bluebills Red Cross pilot project team for staffing a disaster shelter is making good progress. Most of the team members have now completed the classes for Orientation, Fulfilling Our Mission, Mass Care, Shelter Operations and Shelter Simulation.

The next set of classes we are setting up will be CPR and First Aid.

We'd still love to have new volunteers. If you would like to join the team, please contact me and I will get the information for you to take the Red Cross training classes.

Even if you missed some or all of these sessions, you can still join the team and take the training with Red Cross. After joining, all the Red Cross classes are free!

*By Kathy Anderson  
Eastside Bluebill Red Cross Leader  
425-649-9377  
anderson-creel@comcast.net*

## Joke of the Month



"Wake up. The cat's got your teeth."

*Eastside Bluebills*

We're on the web!  
[www.bluebills.com](http://www.bluebills.com)

### **Penny's Pause** (cont'd from page 2)

A page of safeguards to attend to for our own protection. I will be attending to these myself.

Our October presenta-

tion will be giving us tips on keeping us physically fit now that our finances are in order from the September presentation. Have a wonderful

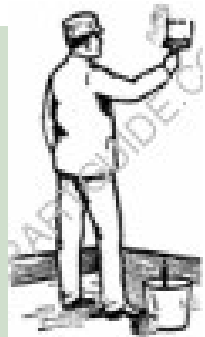
month!!

*Thanks, Penny Kahn*

# Stepping Up—Volunteer Opportunities

## Habitat Continues To Make Progress

<p>Habitat for Humanity continues to make progress at its two primary build sites on the east-side. Seven single family residences are under construction at Snoqualmie Ridge and a six town house unit is being constructed at Patterson Park in Redmond. Roof trusses and plywood and exterior siding are go-</p>	<p>ing on the homes at the Ridge while work is moving inside primarily at Patterson Park.</p> <p>The Bluebills next scheduled build day is this coming Thursday, October 18th. Please contact Dick Gram (425-392-7016) if you will be able to join Dick and other Bluebills on this fun day. Work at the site is from 9:00 AM to 4:00 PM.</p>	<p>We will probably meet at a central site: Starbucks near the Fred Meyer on Eastlake Sammamish Parkway in Issaquah at about 8:30 AM and carpool or drive in tandem to the site. Hope you can make it.</p> <p><i>By Dick Gram</i></p>
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**If you have a volunteer opportunity you would like to put in the newsletter, please forward them to Penny Kahn @ pecan55@comcast.net**

## What's Cookin'

*Submit a recipe for the newsletter and receive a special prize.*

# Raspberry Cream Cheese Coffee Cake



### Cake:

2 1/2 c. flour  
 3/4 c. sugar  
 12 T. (1 1/2 sticks) butter  
 1/2 t. baking powder  
 1/2 t. baking soda  
 1/4 t. salt  
 3/4 c. sour cream  
 1 egg, lightly beaten  
 1 t. almond extract

### Filling:

1 8 oz pkg cream cheese  
 softened  
 1/4 c. sugar  
 1 egg  
 1/2 c. raspberry jam

### Topping:

1/2 c sliced almonds

Preheat oven to 350F. Grease & flour 9" springform pan.

In large bowl, combine flour & sugar; cut in butter until mixture resembles coarse crumbs. Remove 1 c. of crumbs for topping. To remaining crumb mixture, add baking powder, soda, salt, sour cream, egg, & almond extract; blend well. Spread dough over bottom and 2" up the side of pan. Dough should be 1/4" thick on all sides.

In small bowl, combine cream cheese, sugar, & egg; blend well. Pour over dough in pan. Carefully spoon jam evenly over cheese filling. In small bowl, combine the 1 c. reserved crumb mixture and almonds; sprinkle over top.

Bake 50-60 minutes, or until the cream cheese filling is set and crust is deep golden brown. Cool in pan for 15 minutes. Remove the sides of pan. Serve warm or cool. Cover and refrigerate leftovers.

# Volunteer Leaders

Names	Positions	E-mail address
Kathy Anderson	Red Cross Shelter Chair	<a href="mailto:andersoncreel@comcast.net">andersoncreel@comcast.net</a>
Richard Dworkis	Mock Interview Chair	<a href="mailto:rdworkis@aol.com">rdworkis@aol.com</a>
Bert Goldstein	Publicity	<a href="mailto:albuzz@comcast.net">albuzz@comcast.net</a>
Dick Gram	Habitat for Humanity	<a href="mailto:dgram1@comcast.net">dgram1@comcast.net</a>
Phil Kelly (Heritage)	Jr. Achievement	<a href="mailto:kpkely100!@comcast.net">kpkely100!@comcast.net</a>
Penny Kahn	Chair / Newsletter	<a href="mailto:pecan55@comcast.net">pecan55@comcast.net</a>
Ben Sakamoto	Advisor	<a href="mailto:msakamoto@msn.com">msakamoto@msn.com</a>
MJ Sanker	Vice Chair / Volunteer Projects / Speaker Coordinator	<a href="mailto:mjsanker@verizon.net">mjsanker@verizon.net</a>
Claudia Strickland	Secretary/Flying Fibres Chair	<a href="mailto:loveacat@verizon.net">loveacat@verizon.net</a>
Volunteer needed	Membership & Treasurer	
Holiday Celebration Committee	Donna Lohse and Dolores Turner	

## Bluebills Monthly Volunteer Hours

Volunteer Name \_\_\_\_\_

Phone Number \_\_\_\_\_

\_\_\_\_\_ Hours worked \_\_\_\_\_ For \_\_\_\_\_  
 (Month/year) (Agency Name)

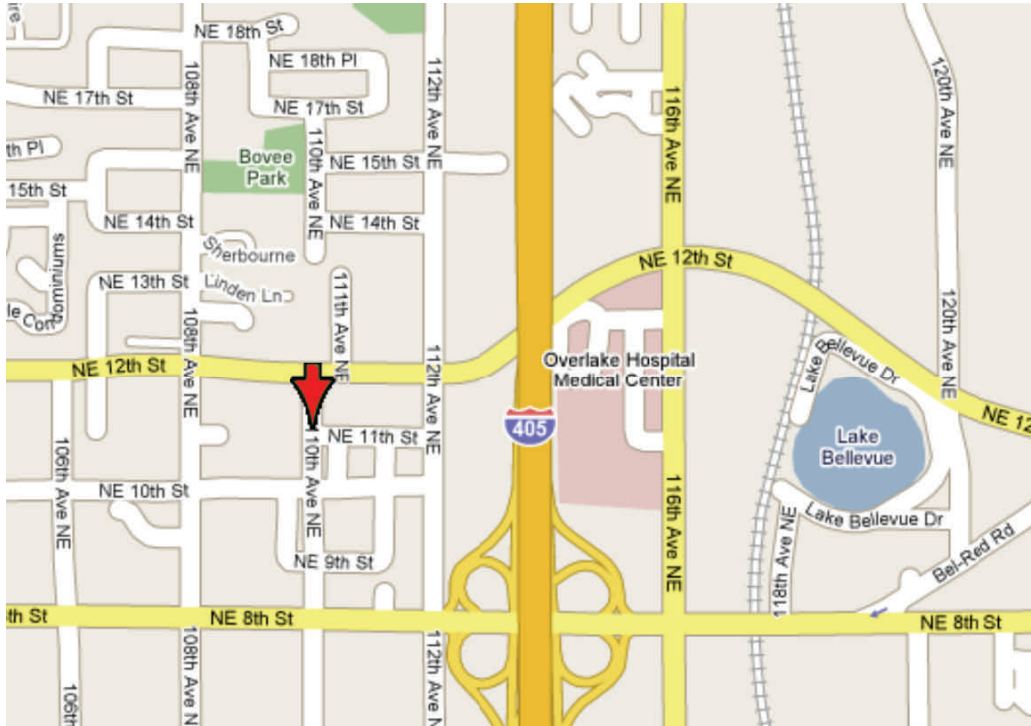
\_\_\_\_\_ Hours worked \_\_\_\_\_ For \_\_\_\_\_  
 (Month/year) (Agency Name)

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 (Month/year) (Agency Name)

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 (Month/year) (Agency Name)

*Please send completed hours form to Bluebills, PO Box 3707 7L-05, Seattle, WA  
 98124  
 or bring to Bluebills monthly meeting.*

## Eastside Bluebills Meeting Location



### Dates to Remember:

October 18, 2007 - Monthly Eastside Volunteer Project  
Habitat for Humanity Contact: Dick Gram at 425-392-7016

October 17, 2007 - Next monthly meeting (3<sup>rd</sup> Wednesday  
of each month) Bellevue Regional Library  
1111 110th Avenue NE  
Bellevue 98004  
Meeting Room 3  
**10:15 am to 12 noon**

### Future Dates

Habitat Dates: 11/15

Meeting Dates: 10/17, 11/21, 12/19

\*\* United Way Day of Caring Event 10/3 Food Lifeline Repack

Holiday Luncheon on **December 19, 2007.**

Location TBD (**Save the Date!!**)