



The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

May 2012

WWW.BLUEBILLS

Chairman's Corner

What does Volunteerism mean?

I think that volunteerism means different things to different people.

In general it is a way for all of us to contribute to the betterment of our communities but being a volunteer can mean many diverse things to individuals and to nonprofit organizations.

Let's think about individuals. As a retiree I volunteer with different organizations and contribute my time, skills and experience to those organizations I am in which I have an interest. This gives me a sense of making a contribution to the community and also a sense of being a relevant person now that I am no longer working.

A younger person may have the feeling of making a contribution to the community but also it is a means of gaining work experience to help them as they study for a skill which will help them in the workplace.

In the case of an organization that is a non profit, volunteers can be their lifeblood. It means that a volunteer with an interest or even a passion can contribute his or her time and skills to benefit the non profit.

The nonprofit then benefits by having the opportunity to devote its resources to providing the community the services for which it is in business.

Last year for an example, the Seattle Aquarium had over 90000 volunteer hours. Without this volunteer contribution the Aquarium would have had to hire additional full time staff of around 45 employees.

The Bluebills also contributed around the same number of volunteer hours so that meant the same to the non profits that we support.



All these volunteers have skills, experience and enthusiasm to provide these organizations with a most valuable resource.

Think about all the different small organizations such as sports clubs, gardening clubs etc. These organizations would cease to exist without volunteers. Volunteers are one of the most valuable resources we have in the USA. All volunteers should be proud of their contribution to their communities and their country.

Howard

April 27th Meeting Recap

The meeting began with the Pledge of Allegiance and was followed by Howard Syder welcoming everyone and introducing our visitors. We had a wonderful turnout and had many folks celebrating birthdays (Vicki Lee is 29 again!) and anniversaries (can you believe there was not one person celebrating?!). We had two visitors, Teresa Malloy and Linda Paris – we hope to see you again!

The following announcements were brought to the attendee's attention:

The opportunity to Chair the Education Committee is still available. Please contact either Howard (handdjsyder@comcast.net) or Norma Vaughn (abbyrose00@msn.com) to volunteer for this opportunity. Ken Porter's daughter, Karen, thanked the Bluebills for the flowers sent to the memorial.

Boeing Volunteer Calendar for 2012 – there is now one available -- printed copies were at the sign-in table. It includes information on projects in which we can get involved, as well as that all critical "contact information".
The "Boeing Volunteer Opportunities—2012"

will soon be available online via the Bluebills Website.

There is an opening on the Central Leadership Committee for the Publicity Chairman. Norma Vaughn (abbyrose00@msn.com) can outline the duties for this position which handles news release articles relative to the Bluebills.

Meri England reiterated the need for volunteers to fill recent vacancies at the Puget Sound Blood Center. Please contact Kathie Hart, Volunteer Services Coordinator, South King County, Puget Sound Blood Center, Office: (206) 444-2966, <http://www.psbcc.org/volunteers/index.html>. These vacancies are for registering the donors and/or providing the refreshments that follow.

And, do you routinely donate blood? If so, please remember to report those hours (travel, too!) in your monthly "Volunteer Hours".

Richard Vaughn announced that the Ronald McDonald House no longer collects the "tabs" from the tops of beverage cans. However, Dick Beham does have a charity that collects them, so please, continue with your collecting efforts!

Zip Zuther recognized the organizational efforts of Heinz and Eileen as well as all the volunteers who spent their time creating the Easter donations which were taken to the Hutch School and Child Life Specialists.

Jim Beasley, Speaker Coordinator, asked for your input for either speakers or subjects for our monthly meeting. Please send your ideas to him at jimcarlab@hotmail.com. One idea is for a "Craft Fair" showing off the talents of our membership.

The annual BBB Picnic is scheduled for August 24th at the Cedar River Park in Renton, located at the intersection of Maple Valley Highway and I-405 Exit 4. Details to be announced.

There was a lot of sadness at the loss of a piece of our critical meeting hardware:
The Popcorn Popper has served us well at

many of our monthly meetings. It is currently "in the hospital" for repairs. But if all else fails, Bob Lambert has volunteered to provide a replacement – thanks Bob -- we'll be in touch!

Following the announcements, Jim Beasley introduced our speaker, **Andrew Schmid**, who spoke on



the light rail progression and other transportation related questions. Mr. Schmid has been with Sound Transit since 2004, serving as Public Affairs specialist in the office of Communications and External Affairs. His previous experience for staffing the King County Council which

included his work on regional transportation issues - including Metro transit and the SR-520 / Trans-lake Washington Study Committee, certainly validates his knowledge in his current position. Andrew currently volunteers on three boards: The Neighborhood Farmers Market Alliance, King County Conservation Futures, and the Ravenna-Bryant Community Association and is a graduate of Whitman College and Bainbridge Island High School.

The presentation covered:

The Link Light Rail

The ST Express Regional Bus

And The Sounder Commuter Rail.

Andrew provide great handouts on the above subjects, as well as several schedule booklets and gave away two free bus passes! Due to computing and hardware issues, his M/S PowerPoint presentation could not be viewed and, in consideration of the detail this would require for space in the newsletter, Andrew is providing an electronic version of his presentation which will be posted on the Bluebills website. Andrew fielded almost a half-hour of questions ... oh, and today was his birthday!

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Howard closed the meeting with the drawing for door prizes (thanks to all who have donated!!) – If you have some nifty items to contribute, please contact Howard. Your attendance is encouraged for next month’s meeting, May 25, 2012 – bring a friend!

Volunteer Opportunities:

Full Life Care needs volunteers at a few different locations. For any of these opportunities contact: Lindsey Ismailova at 206-224-3764.

1. Location is 7829 S 180th St. Kent, WA 98032
 Position Title – Activity Assistant – Day center programs are designed to combine therapeutic activities with a social environment to assist frail elderly and/or disabled adults to maintain their independence and improve upon physical or mental disabilities.

Responsibilities for this volunteer opportunity is to: Greet and socialize with participants as they arrive, during transition times and activities. Assist with groups or activities by positively encouraging everyone to participate. Help group/activity leader with the administration of the activity. Help the group/activity leader to prepare the rooms by keeping them tidy, setting up for a game (if necessary), or walking and talking with participants during transition. Sit and visit with participants, providing conversation and keeping the participant engaged. Offer and serve coffee/tea in the mornings and lunch in the afternoons, helping the participant if they need it.

Requirements: An interest in working with elderly or disabled populations and experience with elderly or disabled populations preferred. Open-minded, outgoing, patient and comfortable talking with and encouraging others. Strong verbal communication skills. Comfortable working in a group and team setting; able to contribute positive energy and enthusiasm to the program. Enjoy a fast paced environment.

Requirements: Must be at least 15 years old and complete application process. Pass Washington State Patrol background check. Submit tuberculosis skin test (can be done on site) or documented chest x-ray scan. Complete an orientation and on-site training. Ability to adhere to a

confidentiality policy and pledge.

Time Commitment: Minimum of two hours a week for at least 6 months.

2. Location – Edmonds Lutheran Church
 Program assistant needed at Day Break adult day services in Edmonds on Fridays from 9:30 a.m. – 3:00 p.m. Full Life Care is the leading nonprofit organization providing adult day health care services in King and Snohomish counties. The Day Break program is a traveling program that brings health care, exercise, meals and activities to small sites in towns further from the regular day centers. On Fridays, we drive out to a location in Edmonds. Our staff is in need of a new full day volunteer who can assist them with exercise class, art group, music and lunch. Our typical clients are elders with some dementia or other chronic illness and disability. We do need a volunteer application filled out and we will run a background check and reference check. Check out our website at www.fulllifecare.org for more information on our programming.

3. Fire drill coordinator – Two locations: Gaffney House 1605 17th Ave. Seattle, WA 98122 and Buchanan Place 4732 35th Ave. S. Seattle, WA 98118

The Fire Drill Coordinator assists the director by ensuring timely execution of fire drills in two memory care and wellness homes; observing and recording results, following up with director to share observations and participate in problem solving. We are looking for someone who can commit approximately 4 hours a month for at least 6 months.

Habitat for Humanity has three different requests for volunteers:

1. Volunteer Hosts – We have a new and exciting opportunity for Habitat for Humanity Seattle/South King County volunteers. We would like to introduce Volunteer Hosts on our construction sites.

The role of the Volunteer Host will be to welcome volunteers to the construction site, help volunteers sign in, collect application/waiver forms and other pertinent responsibilities needed to make the construction site run smoothly.

At the beginning of the construction day, the Vol-

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unteer Host will present a short orientation to new volunteers while the construction staff prepares the day's tasks. Once the volunteers are on task, the Volunteer Host can rotate among the volunteer groups and focus on volunteer needs, support and satisfaction.

This is a wonderful opportunity to be true ambassadors for Habitat for Humanity. Contact information if you are interested in this position is Margie Law 206-292-5240 Ext 111.

2. Crew Leader Position – Crew leaders work under the direction of the Construction Site Supervisor. Crew leaders work with small groups of volunteers (4-6) completing assigned tasks. This position is primarily one of organizing and assigning volunteers to appropriate tasks, maintaining quality control in a diplomatic manner, keeping volunteers involved and troubleshooting. The position requires a good understanding of the construction process or possess a desire to learn the process and teach others how to proceed with a task.

Crew leaders report to the site supervisors and are responsible for making sure all necessary work is completed at the appropriate time. The position requires working with people of varying backgrounds and the ability to empower unskilled volunteers to successfully complete construction tasks.

3. Volunteer as a group to help construct houses for families – No special skills needed. Wear old clothes, closed toed shoes and layers of clothes for quick changes in weather. Five to eight persons are needed for small sites and fifteen to twenty for larger sites.

Maybelle Brinkley

Bluebill Volunteer Spotlight

(This is a new monthly feature in our Newsletter)

Jim Ewing

Jim retired from The Boeing Company on April 1, 2001. Sometime after retirement, he joined Bluebills and the Engineering Retirees Society (ERS).

Jim started volunteering at the Kent Food Bank on June 4, 2003, and is currently assisting homeless cli-



ents most of the time. Some of them seem to be decent people who have had some bad luck. One woman told him she had an education and a good job and then got "sick as a dog" and lost her job. A young man earned a

business degree from Evergreen but didn't get an internship and didn't want to return home (in another state) because he had an abusive father. Others are addicted to something. It can be a difficult job. He volunteers on Wednesdays from about 9:30 a.m. until a little after 2:00 p.m.

Jim started serving as the secretary of the ERS on January 15, 2005, after having been elected (without opposition) in December 2004. He typically spends about ten or more hours preparing the minutes for each of their eight annual meetings. He also counts the time that is spent traveling to and attending the steering board meetings as volunteer hours. There are four steering board meetings and four general membership meetings per year.

Jim has also volunteered answering phones at KCTS television in Seattle with other Bluebills.

Note: If you know someone who you would like to see featured in our Newsletter, submit the information to your Newsletter Editor.

Busy B's

We are all still ever so busy; filling the cabinets with items we are sewing, in order to make more deliveries, and are enjoying our involvement as well

Thursday Jim Orchy delivered all the items Alice Wentland donated—the girls working that day were shocked so much came in—five big garbage bags and two boxes of stuffies, new born caps and etc, I can't wait to see them come Tuesday. Thanks Alice—we sure appreciate all the goodies, such a wonderful wel-

come.

Lana brought in a nice donation of fabric and threads galore that her daughter Shawn Prenzlow donated to us as well, now that is a lovely donation, thread like that is rare to be donated, thanks much Lana and kudos to your daughter big time—we are using it already.

We should be making another delivery to Child Haven in May as we are getting a nice pile of aprons made up now and play mat covers, as well as some quilts.

Some of the ladies are working on the quilts for the children in the cancer center so we are spreading ourselves out quite nicely and working two days a week. Kudos to some who are actually working both days—now that is dedication folks. I know Janice, Joyce Lisa and Jean have all worked both days at some point, Janice seems to be there the most it seems. Of course Our Lisa is now on vacation afar, be back soon.. oh yeah, only to turn around and go again to Martha Pullen classes. (Maybe she is training to take Martha's place when she retires? Tee-hee, sorry Lisa, I could not help myself.) That girl is a marvel, she never stops, amazing. I need to find out what her secret is, wait, I know, it's called "youth", sigh, groan—too late for this ole gal now, ho hum so it goes.

That's all folks, see you next month!

Bambi



Nancy L. Wright recently retired as Publicity Chairman of the Bluebills Central Leadership Council. She was honored for her many years of service at the April 10, 2012, Council meeting..

Submitted by Norma Vaughn

The speaker for the May 25th Chapter Meeting will be Alan Bennett FDA Field Specialist of the Food and Drug Administration:

He will speak on several issues concerning: mail order drugs, purity of drugs purchased over the internet, doctor prescribing practices and other related subjects.

Field Public Affairs Specialists (PASs) are key links between the Agency and our constituents throughout the United States and Puerto Rico. They serve as FDA's community-based educators.

The PASs respond to consumer, health professional, academia, health educator, media, industry, and Federal, State, and local official requests related to FDA's authority, outreach activities, and the products that FDA regulates.

Jim Beasley

Humor

A teenager lost a contact lens while playing basketball in his driveway. After a brief fruitless search, he gave up. His mother took up the cause and within minutes found the lens.

“How did you do that?” He asked.

“We weren’t looking for the same thing,” she explained. “You were looking for a small piece of plastic. I was looking for \$150.”

Wine Does NOT Make You FAT

**It Makes You LEAN...
Against Tables, Chairs, Floors, Walls and Ugly
People.**

Q: To what do you attribute your old age?

A: To the fact that I was born a long time ago.

And

If I’d known how old I was going to get, I’d have taken much better care of myself.

Bluebills - Heritage Chapter

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Food Bank Schedule For 2012

Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.

May	Kent	Bob Stubbs
June	Auburn	Lonnie Stevenson
July	West Seattle	Marian Herrin
August	Tacoma	Ted & Judy Leyden
September	Renton	Bob Lambert
October	White Center	Eileen Bear
November	Issaquah	Eleanor Skinner
December	Des Moines	Dave & Mary Frantz

Calendar of Events 2012

May 10	Heritage Leadership Meeting
May 25	Chapter Monthly Meeting
June 14	Heritage Leadership Meeting
June 29	Chapter Monthly Meeting
July 12	Heritage Leadership Meeting
July 27	Chapter Monthly Meeting
Aug 16	Heritage Leadership Meeting
Aug 24	Picnic—Cedar River Park, Renton
Sep 13	Heritage Leadership Meeting
Sep 28	Chapter Monthly Meeting
Oct 11	Heritage Leadership Meeting
Oct 26	Chapter Monthly Meeting
Nov ?	Annual Dinner
Nov 15	Heritage Leadership Meeting
Dec 13	Heritage Leadership Meeting
Dec 21	Christmas Potluck
Dec TBD	Christmas Potluck

Bluebills Heritage Chapter Monthly Meeting

Downtown Harley-Davidson
3715 East Valley Road
Renton, WA

May 25, 2012

Social: 10:00 to 10:30 AM Meeting starts at 10:30 AM

Speaker: Alan Bennett

Topic:

“Issues concerning; mail order drugs, purity of drugs, doctor prescribing practices and other related subjects.”

Please Note:

The Bluebills monthly meetings are held at the Downtown Harley-Davidson building at 3715 East Valley Road, Renton, WA. The door on the North side of the building is opened at **10:00 AM** sharp. Please enter the building only on the north side. We meet on the 2nd floor — there is an elevator on the right as you enter. The Social hour begins at that time. **PLEASE DO NOT ENTER BUILDING PRIOR TO 10:00 AM.**

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ **Hours worked** _____ For _____
(month/year) (agency name)

_____ **Hours worked** _____ For _____
(month/year) (agency name)

_____ **Hours worked** _____ For _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 2T-04, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting



From the north take Highway 167 south to the SW 43rd St exit, turn right on SW 43rd St to the E Valley Rd and turn Right, go north to Downtown Harley-Davidson. From the south go north on Highway 167 take the SW 43rd St exit and turn left back over the freeway to the E Valley Rd and turn Right, Go north to Downtown Harley-Davidson. The meeting is in the Davidson building, 2nd floor. Signs are posted directing you to the meeting room.

