

The Heritage

Heritage Chapter Bluebills
Boeing Retiree Volunteer Newsletter

July 2012

WWW.BLUEBILLS.ORG

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Eds Note...

Hey here I am again, just like a bad odor, hard to get rid of.

Dick is out of town this month so I am helping Micki put this one together.

July brings us Independence Day, "The Fourth Of July" with all its fireworks & ooh's & ah's & hoopla's. I think we sometimes tend to lose track of what it is really all about, anyhow, "Fun will be had by all", just don't blow off any fingers, "Ouch"

Our speaker for July will be King County Assessor, Lloyd Hara and he will be speaking on the why's and how's on assessing your property for tax purposes.

Mr. Hara gave this talk at the Federal Way Senior Center recently and I was fortunate to be there and found that what he had to say was very enlightening and I can tell you this first hand, "Don't miss this one"

Have a great and safe 4th of July Holliday.



Jim

When a door closes, another one opens, but often we stand there so long looking at the closed door that we do not see the open one

Author: Anon



Bluebills June 2012 meeting

The June 29, 2012 Heritage Chapter meeting of the Boeing *Bluebills* began with the Pledge of Allegiance.

July 4, 1776, the United States adopted the Declaration of Independence, declaring independence from the Kingdom of Great Britain. Our Independence Day is commonly associated with fireworks, parades, barbecues, carnivals, fairs, picnics, concerts, baseball games, family reunions, and political speeches and ceremonies, in addition to various other public and private events celebrating the history, government, and traditions of the United States. Independence Day is the national day of the United States.

If our country is worth dying for in time of war let us resolve that it is truly worth living for in time of peace. ~Hamilton Fish

*Freedom's natal day is here.
Fire the guns and shout for freedom,
See the flag above unfurled!
Hail the stars and stripes forever,
Dearest flag in all the world.
~Florence A. Jones*

Freedom has its life in the hearts, the actions, the spirit of men and so it must be daily earned and refreshed - else like a flower cut from its life-giving roots, it will wither and die. ~ Dwight D. Eisenhower

In the truest sense, freedom cannot be bestowed; it must be achieved. ~Franklin D. Roosevelt

This, then, is the state of the union: free and restless, growing and full of hope. So it was in the beginning. So it shall always be, while God is willing, and we are strong enough to keep the faith. ~Lyndon B.



Johnson

For what avail the plough or sail, or land or life, if freedom fail? ~Ralph Waldo Emerson

Those who won our independence believed liberty to be the secret of happiness and courage to be the secret of liberty. ~Louis D. Brandeis

It is easy to take liberty for granted, when you have never had it taken from you. ~Author unknown

America is much more than a geographical fact. It is a political and moral fact - the first community in which men set out in principle to institutionalize freedom, responsible government, and human equality. ~Adlai Stevenson

Heritage Chapter of Bluebills, Howard Syder, welcomed everyone and introduced those celebrating birthdays (we actually had someone celebrating their 19th! – go figure!!) and anniversaries (one was for 35 years and another for 60!) followed by these announcements:

Howard reminded us that he continues to work on First Aid and CPR classes, on a week day, which he hopes to hold at the Downtown Harley-Davidson dealership (where we have our monthly meetings).

He also announced the annual dinner on Tuesday November 6th, a change from our normal Wednesday evening, at the Double Tree Inn in Southcenter, around 6:00 PM.

A limited number of Boeing “Volunteer” tee shirts were acquired and are earmarked for those members who have registered quite a few volunteer hours. He hopes more shirts will become available and will keep members apprised.

Bambi Lee and several members of the Busy Bees presented a beautiful hand-made patriotic themed quilt to Bob Lambert. Every one of the Busy Bees contributed their talents to this beautiful work of art. Bob will present it to the VA Hospital who is very appreciative to be receiving these gifts. The Busy Bees have been doing this for quite a few years. The quilts are given to selected men and women veterans.



Fran Parker announced that the Bluebills have lost the (*free*) workspace/warehouse for the school supply projects and that all remaining supplies -- *thanks to the efforts of Bill Baker, Don Hilt, Maybelle Brickley, Bob Lambert, Phil Kelley and Fran Parker* have been temporarily relocated to HOPELINK in Kirkland. She also announced that Boeing provided 200 backpacks which will be donated to Renton. Additionally the effort to start collecting school supplies this year will begin soon, planning for a good distribution in 2013. She suggested that as you see supplies on sale, to take advantage and to bring them to the monthly meetings along with your (*continually wonderful!*) food contributions. The project is currently in a holding pattern, but people are signing up.

Lonnie Stevenson passed around a sign-up sheet for helping at the Bluebills table held at the Puyallup Fair during September. Howard extended the Chapter’s thanks to Lonnie for picking up this task again this year, as she did last year as well. To volunteer, you may contact her at icebear01@comcast.net.

Meri England (correct spelling?) had replacement knee surgery at Overlake Hospital and is doing well!

Norma Vaughn has been notified *again* that the Bluebills office will be relocated – we don’t yet know where or when, but our membership will be kept up-to-date (the office phone number and mailstop may be changed).

Following the announcements, Howard introduced our

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speaker **Falaah Jones**, an Educator at Seattle **Tilth**. Her presentation centered on growing not only vegetables,

but plants as well, and how to create plans for the garden. She has completed courses towards a degree in Landscape Management at



Edmonds Community College in Edmonds, Washington. She has been an integral part of the Garden Hotline since 2008 and also coordinates two learning gardens and teaches Adult Education classes at Seattle Tilth. She owned a landscape maintenance business from 2004 -2011 which allowed her to interact extensively with homeowners, instructing them on Integrated Pest Management, plant choices, proper pruning techniques and plant culture. She is intrigued by the "why's and how's" of plant and soil biology and practices organic gardening at home, growing vegetables, fruits and a vast assortment of ornamental plants. Her side-yard is a Certified Backyard Wildlife Habitat hosting native and bird-friendly trees and shrubs. She is a King County Master Recycler Composter (MRC), a former educator with the King County Hazardous Waste Mobile and a member of Plant Amnesty. She is a veteran chicken owner and is busy writing a novel about life in the 1950's growing up on the grounds of Northern State Hospital.

Her M/S PowerPoint presentation gave all attending a lot of items to consider when planning and working for a successful yard and garden. She followed up her presentation with answers to many questions and situations. She provided printed materials for Seattle Tilth which is in its 34th year. It inspires and educates people to grow food organically, conserve natural resources and support local food systems in order to cultivate a healthy urban environment and community. They have ~35 gar-

Chairman's Report



It is July again and by the time you read this Newsletter it will be July 4th or later. The United States declared Independence on July 4th 1776, none of us are old

enough to remember that. However, I do remember July 4th 1976, I had become an American Citizen three years previously. I have now been an American for more than half my life.

As retirees the Constitution grants us the benefits of life, liberty and the pursuit of happiness. Since I see many of you on a regular basis, we have life, we certainly have liberty and it is up to us to pursue happiness. I think we have had happiness in our retirement. We have been able to travel extensively to see many parts of the world and our contributions to the community by volunteering our skills and energy to the charities that we are interested in certainly help us achieve results in the pursuit of happiness.

I have now been in the USA for 45 years so I really am an American although I frequently get asked where I am from because I have an accent.

It is interesting as when I am in England, my country of birth, I am considered an American because of my accent. I suppose I have it both ways.

I saw in a paper once the British Consulate in Houston had a notice on the door. " Due to circumstances beyond our control we will be closed on July 4th." I wonder why.

My only advantage when I am in England is that I do have a pretty good knowledge when finding my way around the countryside although the money has changed since I lived there.

I hope all of you have a very happy July 4th

Howard



dens, one of which is in Issaquah, where a lot of folks from Renton volunteer.

She can be contacted at falaahjones@seattleilth.org and on The Garden Hotline, 206-633-0224, online at help@gardenhotline.org and www.gardenhotline.org. It is free service sponsored by the Seattle Public Utilities, King County Mobile Hazardous Waste Management and Saving Water partnership

Howard closed the meeting with the drawing for door prizes (thanks to all who have donated!!) If you have some nifty items to contribute, please contact Howard. Your attendance is encouraged for next month's meeting, July 27, 2012 and to bring a friend!



Micki Brown

Bluebills at the Fair

Calling all BB volunteers:

To 'man/woman' our booth at the Puyallup Fair in partnership with the Museum of Flight.

When: Friday September 07 through Tuesday September 11

Times: 3 shifts, morning, midday, evening

Perks: FREE parking, FREE admission for the day you volunteer

Purpose: To snare new members by pitching the benefits of becoming a Bluebill

All interested folks please call or email **Lonnie Stevenson. 253-833-6935** Icebear01@comcast.net

Hope you will join us 'doing the Puyallup'!

Lonnie

School Supplies for Kids

Our school supply program is in limbo at the moment. We knew the time would come when we would have to give up our warehouse space and that happened this week. Thanks to a lot of help from Don Hilt, Bill Baker Phil Kelly and Bob Lambert we were able to get everything packed up and moved it to the Hope-

link location in Kirkland until we can find somewhere else. The new distribution method is moving along slowly so will just wait and see how that goes. We had cleaned and sorted 41 boxes of used binders and they were all sent to Renton. schools. Now we have gotten a lot more and so will be having another work party in the near future to get them cleaned and boxes very soon. Storage will be a problem with the warehouse gone but going to try to get Everett to take some. Also we will start collecting school supplies at the monthly meeting to try to help Renton. They need lot of help.

Fran Parker



Busy B's

We had such a lot of fun working on our patriotic quilt for the Vets for July. It was the first time for oh so long that we all contributed to working on same quilt as a group and it came out oh so beautiful the colors the blocks, it all went so well, and was a gift from the heart from all of us to a special Vet in the hospital.

We hope to do many more together again, it was a nice break from each taking on their own ideas, also it was a real pleasure to show at the monthly meeting, and was well received with compliments. Even the backing was beautiful.. Thanks to all for your appreciation of our efforts.. AND thanks to Bob Lambert for taking it to the hospital to be given to someone special who has served our country well, THANKS TO ALL VETS !! God Bless them all !!

I wanted to comment here on how thankful we are to those who have donated to the Busy B's, we cannot name each one, some we never know names of course, but please know each is appreciated and used, what we cannot use we pass on to Sno-King who seems to find a use for anything at all, Rose is amazing..

I just wanted all of you to know we so appreciate your donations, but please if you would not mind, attach your name to the donation so we can acknowledge you by name. But this time I do want to thank **CARLA BEASLEY, DONNA PALMER and DON HILT** for their donations, there are many more and you know who you are, sadly we have no names, but perhaps in

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the future we will .. We do love you all, and if you remember when we first started it was ALL donations how we got going, I shall never forget using sheets for quilt backings, and as for fillings, we won't go into that, but they were warm for the receivers <G>

Our deepest sympathy to Janice Hawes who recently lost her beloved daughter Barbara after a long illness. We love you Janice.

Love to all from the Busy B's.. and my thanks to all the members of our group.. Janice, Lana, Yoshi, Joyce, Lisa and Jean.

Hugs, Bambi

Volunteer Opportunities

Full Life Care

Like to cook? Here is a great and much needed volunteer opportunity.

Full Life Care at 7829 S. 180th Kent, WA 98032 is in need of a kitchen helper .

If you are interested please contact: Lindsey Ismailova. Her telephone number is 206-224-3764.

Full Life Care helps adults of all ages with chronic illnesses, physical of developmental disabilities. They are a non-profit organization dedicated to improving people's lives and supporting caregivers.

GREEN KENT MONITORING TEAM

Any science geeks out there? This is for you.

If you like the Green Kent Partnership but work parties aren't really your thing, this might interest you.

If you know a bit about identifying plants and would like to know more, it's a great opportunity.

If you don't want to make a long-term commitment but want to do something interesting to help Green Kent, here's your chance.

Join the Green Kent Partnership, Earth Corps and a growing community of volunteers who are interested in collecting scientific data about Kent's urban forests and natural areas.

No experience is necessary; volunteers will attend 1 introductory training and commit to establishing at least 2 monitoring plots in local parks (but more is encouraged!) between July and October 2012.

Training Date: July 28th, 9:30am – 1:00 pm. Senior Activity Center, 600 E Smith St. Kent, WA. Contact: Victoria Andrews at 253-856-5113.

News Release

Social Security Administration

Social Security and Kaiser Permanente Begin Partnership to Speed Up Disability Decisions

Unprecedented Agreement Will Cut Cost, Save Time and Improve Service

The Social Security Administration announced today that Kaiser Permanente, one of the nation's largest healthcare providers, will electronically transmit complete medical records for its patients to the agency with the appropriate consent. Social Security requests about 70,000 patient files from Kaiser Permanente each year so this seamless new system will save time and money for both partners as well as allow Social Security to make faster and more accurate decisions.

Over the last few years, Social Security had entered into similar agreements with several smaller providers to exchange medical records electronically over the Nationwide Health Information Network. Today's agreement marks the agency's first move into using health information technology on a large-scale basis.

"I am confident that people will look back at today's announcement as the most significant improvement in our disability determination process since the program began in 1956. In today's world it makes no sense for us to chase down paper records on an individual basis," said Michael J. Astrue, Commissioner of Social Security. "We are thrilled that Kaiser Permanente is now one of our key agents for change."

"Kaiser Permanente is dedicated to supporting safe and secure health information exchange for members and our work with Social Security will enable our patients to obtain quicker disability decisions on their benefits," said Lisa Caplan, Kaiser Permanente's Senior Vice President and Business Information Officer. "We are delighted to be working with such an innovative agency."

More information on Social Security's use of health IT is available at www.socialsecurity.gov/hit.

Bluebills - Heritage Chapter

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Food Bank Schedule For 2012 Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.

June	Auburn	Lonnie Stevenson
July	West Seattle	Marian Herrin
August	Tacoma	Ted & Judy Leyden
September	Renton	Bob Lambert
October	White Center	Eileen Bear
November	Issaquah	Eleanor Skinner
December	Des Moines	Dave & Mary Frantz

Calendar of Events 2012

- June 14 Heritage Leadership Meeting**
- June 29 Chapter Monthly Meeting**
- July 12 Heritage Leadership Meeting**
- July 27 Chapter Monthly Meeting**
- Aug 16 Heritage Leadership Meeting**
- Aug 24 Picnic—Cedar River Park, Renton**
- Sep 13 Heritage Leadership Meeting**
- Sep 28 Chapter Monthly Meeting**
- Oct 11 Heritage Leadership Meeting**
- Oct 26 Chapter Monthly Meeting**
- Nov ? Annual Dinner**
- Nov 15 Heritage Leadership Meeting**
- Dec 13 Heritage Leadership Meeting**
- Dec 21 Christmas Potluck**
- Dec TBD Christmas Potluck**

Bluebills Heritage Chapter Monthly Meeting

Downtown Harley-Davidson
3715 East Valley Road
Renton, WA

July 27, 2012

Social: 10:00 to 10:30 AM Meeting starts at 10:30 AM

Speaker: Lloyd Hara, King County Assessor

Topic:

Bring a non-perishable food item to monthly meetings
to be given to a different food bank each month

Please Note:

Bluebills monthly meetings are held at the Downtown Harley-Davidson building at 3715 East Valley Road, Renton, WA. The door on the North side of the building is opened at **10:00 AM** sharp. Please enter the building only on the north side. We meet on the 2nd floor — there is an elevator on the right as you enter. The Social hour begins at that time. **PLEASE DO NOT ENTER BUILDING PRIOR TO 10:00 AM.**

Bluebills Monthly Volunteer Hours

Volunteer Name _____

Phone Number _____

_____ Hours worked _____ For _____
(month/year) (agency name)

_____ Hours worked _____ For _____
(month/year) (agency name)

_____ Hours worked _____ For _____
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 2T-04, Seattle, WA 98124
Email to bluebills@boeing.com or bring to Bluebills monthly meeting