



# The Heritage

Heritage Chapter Bluebills  
Boeing Retiree Volunteer Newsletter

August 2014

WWW.BLUEBILLS.ORG

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## Chairman's Corner

By Howard Syder



Today as I write this it is raining, the first time for about a month. This means I won't have to water the plants today.

This year is the Bluebills 20th Anniversary. As I reminisce on what has been achieved over this time, I remember all the Bluebills who

have contributed to the success of the organization. Most are still actively participating even though we are a little bit older. However, we should remember all of our Bluebills who have contributed to promoting the Bluebills and setting up and participating in those successful programs over the past 20 years and are no longer with us. We remember Barbara Willard and Lyle Foltz and many others. I won't name them all but each of you will know a Bluebill who qualifies. We have had many successful programs. We have supported school supplies with "Kids in Need" and with Hopelink. Our Hutch, Children's Hospital and Nursing Home gift programs at Halloween, Easter etc. have been appreciated. We have had our monthly meetings at many different places over the years since we started at South Center but they have always been fun and Jim Beasley has done a marvelous job in providing interesting speakers. I am sure I have left out some important programs but forgive me if yours is not included.

As our Bluebills record their volunteer hours to help Boeing's image in the community I say thank you to everyone who does record their hours in many different volunteer assignments in their individual communities.

Let's celebrate our 20 years and look forward to the next 20. I hope to be around then.

I look forward to seeing all of you at the picnic on August 22nd at Gene Coulon Park.

## SPEND A DAY AT THE PUYALLUP FAIR, SEPTEMBER 5-9 *Submitted by Bill Lee*

Spend a free day at the fair and take a few hours, at the Bluebill's Booth, to let people know what we do, recruit potential new members, and get hugs from the folks the Bluebills have helped over the years. No experience necessary.

Includes: Free Parking, Free Entrance to the Fair for a day.

For more info, contact Bill Lee at [425-269-8420](tel:425-269-8420)

## Heritage Chapter Picnic

August 22nd



## Gene Coulon Memorial Beach Park

1201 Lake Washington Boulevard North

*See Flyer included with this months Newsletter*

## July Chapter Meeting Recap

By Mary Ulibarri

Chairman Howard Syder called the meeting to order with the Pledge of Allegiance to the Flag. There were four birthdays: Elfriede Noble, Jerry Durbin, Bob Osrowske and Mary Ulibarri; plus one anniversary: the Jim Bunts (52 years). Congratulations to all!!

Howard announced that the annual picnic will be held, Friday, August 22, at the Gene Coulon Memorial Park in Renton— see details in this newsletter.

Vicki Lee stated she was stepping up on behalf of hubby Jim, who has been supervising matters in connection with the Washington State Fair in September. (Jim was called to Eastern Washington to help the American Red Cross with those folks affected by the wildfires.) There is one more volunteer needed to man the Bluebills' booth on September 9, 2:00 pm to 6:00 pm. Please note Monday-Wednesday of the first week, the building doors will open at 11:00 am, instead of 10:00 am.

Howard reminded attendees they are still looking for members to sign up for the nominating committee to facilitate the election of new officers. New faces would be greatly appreciated and former committee members would be willing to assist in any way.

Howard pointed out there was enough money collected last month to purchase the much needed projector screen with some money left over. Those funds were added to the collection that was started for a commemorative star at the USO facility at SeaTac Int'l. Airport on behalf of the late Jim Peterson. Lonnie Stevenson is spearheading that effort and thanked everyone for their generosity.

Margaret Stone mentioned a friend could really use a stationary bike to help with her physical therapy after knee surgery. If anyone has one that could be borrowed temporarily, Margaret would be happy to pick it up.

Jim Beasley introduced our speaker Jennifer Youngblood, Program Manager, Communities in Schools in Federal Way (CISFW). She has been with CISFW for a little over two years and worked in the Federal Way community since 2001. She started as the Mentor Program Coordinator and recently was promoted to Program Manager.

Jennifer has a BA in Psychology from the University of Oregon and a Masters degree in Leadership and Organizational Development from Saybrook University in California.

Jennifer introduced her contemporary, Elisabeth, CIS in Kent, who may join in with information from her perspective.

Communities In Schools (CIS) is the only organization proven to increase the on-time graduation rate and decrease the dropout rate. Their Mission: "To surround students with a community of support, empowering them to stay in school and achieve in life." Their work includes 27 states and the District of Columbia with nearly 200 local affiliates, 11 in Washington State.

The five basics to fulfill their mission are a set of essentials that every child needs and deserves. This allows them to have every opportunity to succeed, with a goal of graduating poised for success and ready to contribute as a member of the community.

- A one-to-one relationship with a caring adult
- A safe place to learn and grow
- A healthy start and a healthy future
- A marketable skill to use upon graduation
- A chance to give back to the community

CIS of Federal Way began as The Chamber of Commerce Education Foundation in 1994 and became CIS in 2006 with continuing expansion.

School Outreach Coordinators are CIS employees who work within the school to help remove non-academic barriers for all students of various levels. They use the CIS Model to develop a site plan in collaboration with admin leadership teams for each of the schools.

Jennifer spoke of the mentoring and the CIS Model starting with a quote by Bill Milliken, founder of CIS, "Programs don't change kids – relationships do." This means bring caring adults into the school and make them accessible to students. Mentors provide students with:

- A positive influence, encouragement and hope for young people often surrounded by negative influences.

The support and encouragement they need to stay in school and succeed

What is a mentor?

- A friend with a little more life experience
- A role model and confidante
- Someone to help guide them through their journeys and challenges
- Someone who is reliable, consistent and committed

A mentor is not:

- A tutor (unless you and the student want to)

A parental/disciplinary figure  
 An authority figure  
 A therapist/counselor  
 Their problem solver

CIS's affiliates work with school and community leaders to determine how best to support local youth, guided by a set of essentials that every child needs and deserves (the Five Basics). Though the services may differ in each community, all CIS affiliates use the site coordinator model to deliver a mix of the following.

**Academic Assistance:** Young people who fall behind often stay behind. We help kids catch up and get ahead with tutoring in reading and math.

**Basic Needs:** Providing basics like food and clothing enables young people to come to school comfortable, nourished and better prepared to learn.

**Enrichment:** Through before- and after-school activities, we expand young people's understanding of what the world has to offer.

**Life Skills:** Through one-to-one mentoring and group coaching, we instill in students the confidence to succeed, the belief that education creates opportunity, and set the expectation for success.

**Family Engagement:** We ensure children have a supportive home life by helping parents access the services they need.

**Behavioral Intervention:** Negative behavior undermines learning. We help kids learn to modify behavior and make positive choices.

**College & Career Prep:** We assist young people in identifying their vision for the future so they have a clear goal and motivation to overcome difficult circumstances.

**Physical & Mental Health:** For kids to be the best learners, they need healthy bodies and minds. We connect them to physical, dental, vision, and mental health services regardless of ability to pay.

**Community Service:** By giving back in their neighborhoods, youth feel a sense of belonging, accomplishment, and value.

Different kids have different needs. Some need academic help. Some need a stable home, food on the table, or someone who will listen and help guide the way. Others may need a pair of eyeglasses, school supplies, or shoes that fit. Helping kids move beyond their circumstances requires a child-centered approach, not one-size-fits-all. Young people are treated as individuals and the needs of each student is addressed.

As a mentor, there are two things to remember – make a connection with that child, and use that connection to convey a message. The time commitment entails 45-60 minutes per week during the school year for one calendar year at the designated school. The students at 5<sup>th</sup> – 12<sup>th</sup> graders identified by a school staff member as being “on the brink of success.” These are student who could benefit from extra adult attention and who agree to participate in the mentoring program.

Mentoring may involve various activities, such as: playing games, talking one-on-one, walking around outside, doing craft projects, learning something new together. One example of the latter -- a student helped a mentor learn the ukulele.

Jennifer showed a slide containing a number of comments made by the students, showing how the mentoring program has helped them. They obviously really appreciate the time and efforts of the mentors even if they can't always verbalize it directly.

Sometimes making a difference can be difficult to tell; there may not be a drastic change. However, a good sign is engaging the student in conversation and perhaps even seeing more eye contact.

The CIS Mentor Program Coordinator and School Outreach Coordinators offer full support by meeting on a regular basis. Mentors are given a 1.5 hour training, including a Mentor Training Manual. Also quarterly support and talk times are scheduled throughout the school year that are relevant and applicable to youth development. This is a good time to meet other mentors and share successes and ideas.

Becoming a mentor involves the official application form, a WA State Patrol background check, National Sex Offender Registry check, and three personal references that can vouch for your ability to interact with youth. There is a 20-30 minute interview designed to allow the Program Manager to get to know you better to make a quality match with a student.

Jennifer concluded the presentation with a number of questions from the audience that were very informative.

For more information, please contact Jennifer Youngblood, Program Manager, CISFW, at (253) 529-7440 (office) or (253) 670-2390 (cell – voice or text). Or email at: [Jennifer@cisfederalway.org](mailto:Jennifer@cisfederalway.org).

Howard then held the door prize drawings and adjourned the meeting.

## **Busy Bees**

*by Janice Hawes*

Our Busy B cabinets are FULL. This has been a month of donations and we thank everyone who has given items to help with our ongoing projects.

Our ambassador of stuffed animals, Becky Prenovost, sent in, by way of Bambi and Jim Lee, bags and bags of assorted sized stuffies, and tucked in with them were quite a few Barbie dolls.

One of Lonnie Stevenson's fellow USO volunteers Janet Graham, donated 22 bed sheets which will be used for USO pillowcases and backing for our quilts. Needless to say, we don't need anymore sheets for quite some time.

Linda Stephens gave us two bags of very nice stuffed animals and more Barbie Dolls. I now have a couple of years supply of Barbies but can always use the larger baby dolls.

Some of our Busy B's have been out with medical issues and we always miss them. When we are all together it makes for a truly busy room. We are always looking for new members and anyone that likes to sew is more than welcome. You don't have to be an expert at quilt making.

We always have a quilt on display in our workroom so if you are in the area drop by to see what's new.

## **Volunteer Opportunities**

*from Maybelle Brickley*

### **Agency: Solid Ground**

**Program Name: RSVP of King County**  
**Address: 1508 N 45<sup>th</sup>, Seattle, WA 98103**  
**Volunteer Coordinator: Jan Hancock**  
**Telephone Number: 206-694-6786**

Help meet critical community needs by being matched with a volunteer job in your area. There are several opportunities here to match your interests.

2014 Priority Areas: Meeting Critical Community Needs through RSVP

Promoting Independence for older adults and people

with disabilities – Provide food, transportation, companionship and other services that allow older adults and people with disabilities to live independently. This includes meal and food delivery, rides to appointments and the grocery store and providing information and resources to prevent elder abuse and fraud.

Increasing Food Security in our Community – Hunger and Food insecurity are a problem in King County. RSVP volunteers get involved in providing assistance to food banks and provide nutrition education services to low-income families.

Increasing School Readiness and K-12 Success – RSVP volunteers provide vital support to at risk students in preschool through high school. Make a commitment and play a vital role in preparing young children for school by reading to them through the United Way Early Reading Program, by helping in classrooms and providing one-on-one tutoring and mentoring where it really matters.

Increasing housing services and employment opportunities for individuals and families in need – Volunteers are needed to build homes for Habitat for Humanity, assist families in transitioning into homeownership, Adult Basic Education English as a Second Language and GED tutoring.

Environmental Stewardship of Public Lands – RSVP is teaming up with Friends of Cedar River Watershed to bring innovative opportunities to help restore our public lands.

Supporting Veterans and Military Families – Volunteers are needed to help connect veterans with jobs, provide financial literacy services and support the VA Medical Center with transportation, respite and navigation services.

Building Capacity for King County Non-profit Organizations – RSVP members build capacity for King County non-profits by recruiting and managing volunteers, supporting blood drives, garnering items needed for the homeless and low income and fundraising activities to serve clients.

Other Community Priorities – RSVP volunteers support community dining programs, teach and assist in specialized classes for older adults, provide client intake and support at homeless shelters and serve as Court Watch volunteers.

**Help Distribute School Supplies for Kids**

Again this year **Hope-Link** is asking for volunteers to help distribute school supplies at two of their Eastside centers. The locations and schedules are:

Hopelink Redmond Center ( 16725 Cleveland St. Redmond 98052 )

- Friday August 22<sup>nd</sup> from 1:00-4:00 PM
- Monday August 25<sup>th</sup> from 2:00-7:00 PM

Hopelink Kirkland/Northshore Center (11011 120<sup>th</sup> Ave NE Kirkland 98033 )

- Thursday August 21<sup>st</sup> from 4:00-7:30 PM
- Friday August 22<sup>nd</sup> from 11:00-3:30 PM

It is estimated that six volunteers per event will be needed to assist the children and their parents select the appropriate school supplies.

If you would like to volunteer please contact Lauren Jones at 425-943-7577 or [ljones@hope-link.org](mailto:ljones@hope-link.org).

**BOB LAMBERT’S OPEN HOUSE**

*Submitted By Bill Baker*

On a bright, sunny Saturday in June, 23 Blubills had the privilege of touring Bob’s very beautiful, unique house. At first glance it doesn’t appear unique. Just another upscale home in Bellevue with a view. After white knuckles parking in a small, side-hill spot you approach the house. To enter the home you cross a 20 foot bridge



over a dry moat surrounded by beautiful native trees and shrubbery. Beyond the entry way the first room you enter is all mirror on one end with a sliding glass door on the other. The door opens to a 12 by 18 foot cantilevered deck with a killer view of the lake.



The deck gives you the first clue to the composition of the house. It is supported by two large steel beams.



And it turns out the whole house is made of steel. The interior walls are steel and brick covered with plaster board on the inside and fir siding on the exterior. The floor beams are steel covered with teak wood and quarry tile. And it is all held up and surrounded with hundreds of yards of concrete.

The 3600 sq. ft. house was built in 1963 by a man who owned a steel fabrication company. It was designed by Frank Lloyd Wright inspired Omar Methune, Director of the Architecture Department at the University of Washington. The furnishings and antiques were all added under the direction and inspiration of Mrs. Lambert, Chloe, who has a degree from the University of Utah in Fashion Merchandising and a Masters in Costume History. She spent much of her life moving 34 times with Bob as he moved up the Air Force ranks to Col., teaching fashion and etiquette and collecting artifacts, antiques, rugs, and furnishing from Turkey, France, Germany, Italy, Japan and other places too numerous to mention. The house is filled with all of these gems for which Bob can recount the history of every one with colorful detail. I thought the most eye

catching, if not historical, was the shark table in the center of the living room. It is about 4ft. by 4 ft. with an irregular shaped glass top and a slab of granite on the floor with four or five sharks swimming with just their fins visible above the granite. And it was purchased in exotic, historical ----Bellevue.

After a couple hours of looking and listening you come away realizing this is a very unique home, and that you could spend many hours touring and hearing Bob describe every feature in remarkable detail. The construction could not be duplicated today for anything less than a fortune. The furnishings with artifacts from a little shop only Bob remembers where and a rug from an out of the way place in Turkey selected by Chloe – these things can never be duplicated.

I know I join all the other Bluebills that attended the open house in thanking Bob for an extraordinary afternoon that we will always treasure.

**MACK STRONG CHARITY GOLF TOURNAMENT**

*from Lonnie Stevenson*

USONW showed our presence at the Mack Strong Charity Golf Tournament at New Castle. Sun was out, players were having a great time. Mack Strong's Team-Works char-



ity benefits children at risk in the Seattle area. What a great personality Mack is.



**GET TO KNOW THE FACES AND FACTS OF DISABILITY**

*By Kirk Larson  
Social Security Western Washington Public Affairs Specialist*

Disability is something most people do not like to think about. But the chances that you will become disabled probably are greater than you realize. Studies show that a 20-year-old worker has a 1-in-4 chance of becoming disabled before reaching age 67.



Perhaps the most misunderstood Social Security program is disability insurance, often referred to as SSDI. Some people mistakenly think that beneficiaries are “on the dole” and getting easy money for minor impairments. That’s not the case. There are two ways to understand the truth about disability. One is by looking at the facts. The other is by getting to know some of the people who make up the many faces of disability.

We have some of the strictest requirements in the world for disability benefits. The Social Security Act sets out a very strict definition of disability. To receive a disability benefit, a person must have an impairment expected to last at least one year or result in death. The impairment must be so severe that it renders the person unable to perform any substantial work in the national job market, not just their previous work. SSDI does not include temporary or partial disability benefits. Because the eligibility requirements are so strict, Social Security disability beneficiaries are among the most severely impaired people in the country and tend to have high death rates.

In addition, Social Security conducts a periodic review of people who receive disability benefits to en-

sure they remain eligible for disability. Social Security also aggressively works to prevent, detect, and prosecute fraud. Social Security often investigates suspicious disability claims before making a decision to award benefits—proactively stopping fraud before it happens. These steps help to ensure that only those eligible have access to disability benefits.

Americans place a high premium on self-sufficiency, but it is reassuring to know that Social Security disability insurance is there for those who need it the most.

As for the faces . . . there are so many people who benefit from our disability program. But for now, allow us to introduce you to a few of them. Meet some of the faces of disability—people who have benefited from Social Security when they were most in need—at the new *Faces and Facts of Disability* website, [www.socialsecurity.gov/disabilityfacts](http://www.socialsecurity.gov/disabilityfacts). They're happy to share their personal stories with you.

## **SPOUSES HAVE A SIGNIFICANT BENEFIT**

*By Kirk Larson  
Social Security Western Washington Public Affairs Specialist*

Social Security benefits are important financial asset for married couples and individuals. This is especially true when looking at the power of SSA Spouses benefits. In cases where, one spouse may have earned significantly more than the other, or a spouse stayed home to do the work of raising children and has a shorter work history, SSA Spouse benefits can help increase monthly payouts.

Regardless of your situation, Social Security will look at all possibilities to make sure both spouses receive the maximum benefit possible.

Even if you have not paid Social Security taxes, it's likely you'll be eligible to receive benefits on your spouse's record. If you did work and pay into Social Security, we will check eligibility based on your work record and your spouse's to see which amount is higher.

You can apply for spouses benefits the same way that you apply for benefits on your own record. You can apply for reduced benefits as early as age 62, or for

100 percent of your retirement benefits at your "full retirement age." You can find your full retirement age, based on your birth year, at [www.socialsecurity.gov/pubs/ageincrease.htm](http://www.socialsecurity.gov/pubs/ageincrease.htm).

The benefit amount you can receive as a spouse, if you have reached your full retirement age, can be as much as one-half of your spouse's full benefit. If you opt for early retirement, your benefit may be as little as a third of your spouse's full benefit amount.

If your spouse has already reached full retirement age but continues to work, your spouse can apply for retirement benefits and request to have the payments suspended until as late as age 70. This would allow the worker to earn delayed retirement credits that will mean higher payments later, but would allow you to receive your spouse's benefit.

You can also apply for spouse benefits based on the earnings record of an **ex-spouse** or deceased spouse if you were married for at least 10 years. Spouses can consider a number of options and variables. We make it easier to navigate them. A good place to start is by visiting our benefits planner at [www.socialsecurity.gov/planners](http://www.socialsecurity.gov/planners). Take note of the "Benefits As A Spouse" section. There are some filing options that can really maximize your Social Security payments.

If you are ready to apply for benefits, the fastest, easiest, and most convenient way is to apply online! You can do so at [www.socialsecurity.gov/applyonline](http://www.socialsecurity.gov/applyonline).

Whether you receive benefits on a spouse's record or your own, rest assured we will make sure you get the highest benefit we can pay you. Learn more at [www.socialsecurity.gov](http://www.socialsecurity.gov).

**Calendar of Events 2014**

- Aug 14 Heritage Leadership Meeting**
- Aug 22 Chapter Picnic-Gene Coulon Park, Renton,**
- Sep 11 Heritage Leadership Meeting
- Sep 26 Chapter Monthly Meeting
- Oct 16 Heritage Leadership Meeting
- Oct 29 Heritage Chapter Recognition Luncheon
- Oct 31 Chapter Monthly Meeting
- Nov 13 Heritage Leadership Meeting
- Nov 21 Chapter Monthly Meeting
- Dec 11 Heritage Leadership Meeting
- Dec 19 Chapter Monthly Meeting
- Dec 20 Chapter Monthly Meeting

**Food Bank Schedule For 2014**

**Bring a non-perishable food item to monthly meetings to be given to a different food bank each month.**

<b>August</b>	<b>Tacoma</b>	<b>Ted &amp; Judy Leyden</b>
September	Renton	Bob Lambert
October	White Center	Eileen Bear
November	Issaquah	Eleanor Skinner
December	Des Moines	Dave & Mary Frantz
January	Highline	Marian Herrin
February	Bellevue	Doug Hoople
March	Federal Way	Jim & Bambi Lee
April	Maple Valley	Vaughn's
May	Kent	Bob Stubbs
June	Auburn	Lonnie Stevenson
July	West Seattle	Marian Herrin

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# Bluebills Heritage Chapter Picnic

## August 22, 2014

### Heritage Chapter Picnic

10:00 AM

**Gene Coulon Memorial Beach Park**

**1201 Lake Washington Boulevard North**

*See Flyer included with this months Newsletter*

*Bring a non-perishable food item to monthly meetings to be given to a different food bank each month*

#### Please Note:

The Bluebills monthly meetings are held at the VFW Post 1263, 416 Burnett Ave South, Renton, WA. Parking is available in the lot immediately across the street from the VFW.

### Bluebills Monthly Volunteer Hours

**Volunteer Name** \_\_\_\_\_

**Phone Number** \_\_\_\_\_

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ For \_\_\_\_\_  
(month/year) (agency name)

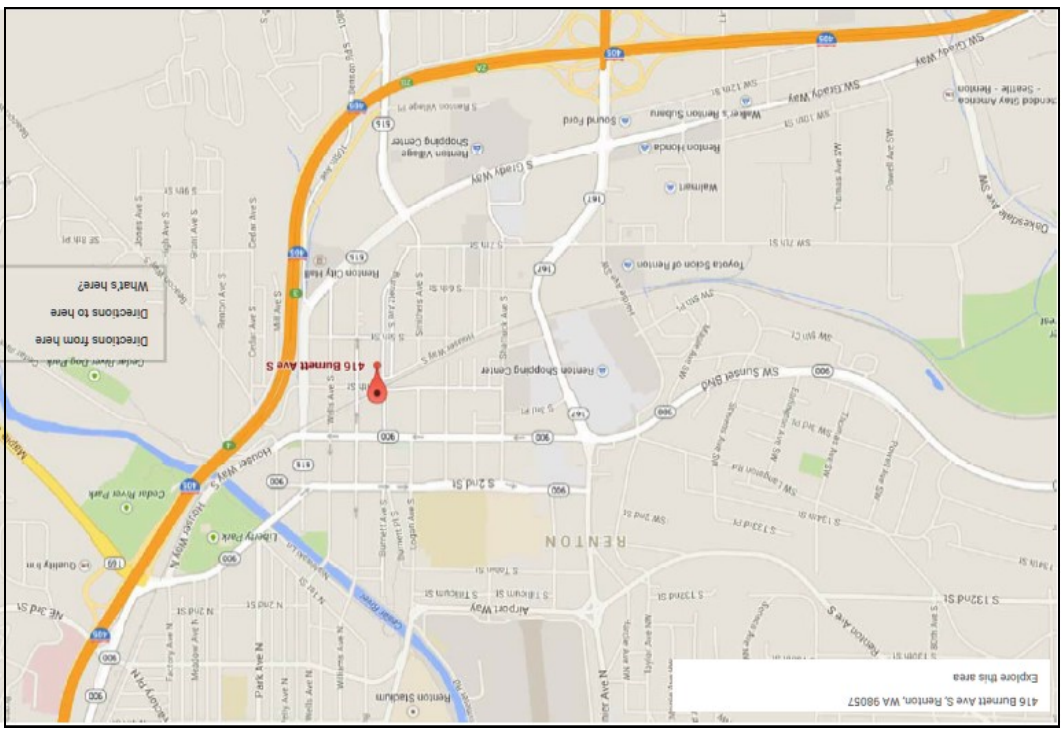
\_\_\_\_\_ **Hours worked** \_\_\_\_\_ For \_\_\_\_\_  
(month/year) (agency name)

\_\_\_\_\_ **Hours worked** \_\_\_\_\_ For \_\_\_\_\_  
(month/year) (agency name)

Please send completed hours form to Bluebills, PO Box 3707 2T-04, Seattle, WA 98124

Email to [bluebills@boeing.com](mailto:bluebills@boeing.com) or bring to Bluebills monthly meeting

### Bluebills Heritage Chapter Meeting: 416 Burnett Ave S, Renton WA 98057



From the **north** take 405 S Bronson Way. Keep right to **Exit 4** Sunset Blvd N to Williams Ave S. Turn left onto Williams Ave S and continue to 5th St S and turn right onto 5th St. Go one block and turn right onto Burnett Ave S to VFW. From the **south** go north on Highway 405 to Exit 2. Hwy 167 Rainier Ave S. Go north to S Grady Way. Turn right on S Grady Way to Talbot Rd (3rd light) turn left on Talbot Rd. One block turn right on 7th St and then left on Burnett Ave S. Continue three

